

Leadership Education and Development - LEAD



2 online classes per week

October 6th, 2020 -
January 28th, 2021



WORKSHOPS:

- **Introduction to Inclusive Leadership**
- **Understanding Diversity and Overcoming Stereotypes**
- **Stress Management and Self-Care**
- **Effective and Assertive Communication**
- **Work and Volunteer Readiness**

This free program welcomes newcomer women with Intermediate English and an interest in self-development, community based leadership skills, and access to information and resources about job-readiness, higher education and training.

ONLINE INFORMATION SESSIONS:

September 15th (1 - 2:30 pm) & September 17th (1 - 2:30 pm)

REGISTER: programs@pirs.bc.ca